



*dedicated to finding a cure*

## DIABETES STATISTICS

### Diabetes Worldwide...

- **285 Million:** Worldwide diabetes population – expected to be 435 million by 2030.

### Diabetes in America...

- **Every 30 Seconds:** Frequency of diabetes diagnosed in the U.S.
- **Every Hour:** 3 people are diagnosed with type 1 diabetes.
- **24 Million:** Number of American adults and children with diabetes.
- **3 Million:** Number of Americans who may have type 1 diabetes.
- **More than 1.6 Million:** Number of people diagnosed each year.
- **1 in 3:** Proportion of Americans born in 2000 who are at risk for developing diabetes during their lifetime.
- **40 per Day:** Number of children diagnosed with type 1 diabetes in the U.S.
- **40 per Day:** Number of adults diagnosed with type 1 diabetes in the U.S.
- **1 in 10 adults:** Proportion of Americans with diabetes. Expected to be 1 in 3 by 2050.
- **15 years less:** The life expectancy of people with type 1 diabetes.
- **65% greater:** The incidence of Alzheimer's disease and other autoimmune issues.

### Diabetes in Texas...

- **30 per Month:** Number of families diagnosed in Dallas.
- **1.7 Million:** Number of adults in Texas diagnosed with diabetes.
- **430,000:** Additional adults believed to be undiagnosed.
- **More than 9.7%:** Prevalence of diabetes in Texas adults.
- **1 in 400 to 600:** Number of Texas children and adolescence that have type 1 diabetes.
- **Type 1 Diabetes:** The second most prevalent chronic disease of childhood, after asthma.

**The National Institute of Health reports that people rarely die of diabetes.** It is the complications they must deal with including heart disease and autoimmune disorders such as Alzheimer's, Lupus, MS, Epilepsy, Parkinsons, Rheumatoid Arthritis, Celiac and more.

### Cost of Diabetes...

Over the next 25 years, the number of Americans with diabetes is predicted to nearly double; the cost of diabetes will almost triple... and carries staggering costs.

- **1 in 5:** Proportion of U.S. healthcare dollars spent on diabetes
- **\$174 Billion:** Annual cost of diabetes to the U.S. economy in 2007. Projected to be \$198 billion in 2010.
- **2.3 times higher:** Medical expenses for Americans with diabetes compared to people without the disease.
- **32%:** Percentage of Medicare budget spent on diabetes.
- **2 to 4 times higher:** Risk of heart attack or stroke in Americans with diabetes compared to people without the disease.

### SOURCES:

Texas Diabetes Council; National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK); Type 1 Diabetes; KRC Research for JDRF; International Diabetes Federation; *Diabetes in America, 2<sup>nd</sup> edition*; Centers for Disease Control; JDRFI National Statistics