

FAMILY TEAM F.A.Q'S

What is the "Walk To Cure Diabetes"?

The JDRF Walk To Cure Diabetes is JDRF's most successful fundraiser, which raises millions locally. Funds are raised through Corporate Walk Teams, Family Walk Teams, Sponsorship, School Walks and Sneaker Sales. The day of the walk is a fun, family orientated event. There is entertainment, food, and of course a walk! The Dallas and Collin County Walks are all a 5K (3.1 miles).

How does a Family Team Work?

Family Teams are the Fastest Growing Segment of the Walk. They are started by families affected by diabetes and are made up of family members and friends who Walk and raise money to find a cure. Walkers are recruited through the use of the family team letter. Walkers raise money by having their friends and families sponsor them. Check out the easy steps to starting your own family team at http://www.jdrf.org/index.cfm?page_id=100325 .

What is the "family team letter"?

The family team letter is the most effective fundraising tool available to the family team. Most often the parent of the child with type 1, juvenile diabetes, will write a letter to their friends and family explaining about the walk, how they are raising funds to find a cure for diabetes and asking for their support either with a donation or becoming a walker themselves. The letter does not always have to come from the parent, grandparents, uncles, aunts ---- even the children themselves write these letters.

Who do I send the family team letter to?

Your friends, family, coworkers, the list is endless. Start with your holiday card list, some teams even use their checkbook and write to everyone they have written a check to over the past year. Your imagination is key.

Do I have to walk the whole distance?

No, you can walk as far as you want and there are rest stops along the route if you get tired.

Should I set a Goal?

Yes, a goal is an excellent way to motivate your team and the satisfaction of reaching and surpassing your goal is wonderful. The staff at JDRF will provide you with any support you need to achieve your goal.

How do I register my team/walkers?

You can register your team by going to <http://walk.jdrf.org>. Individual walkers on your team will also need to register separately, even if they are not raising money. This helps us plan for the day of the event! Once you register online, you will get access to your very own online fundraising web page that you can use to send out donation emails and send updates to your team members. You can even upload your picture to your site and write your own personal story on why you are involved!

Does my team have to do a t-shirt?

No, you do not but a lot of teams do to show team spirit. A team shirt can range from everyone just wearing the same color to one filled with graphics galore. It is your choice. A prize is awarded for best design.

What are "walk prizes"?

There are individual walker prizes that are awarded to individuals achieving certain levels. A list of these prizes is in the brochure along with the amount needed to win them. Each walker also has the option to forgo their prize and have all of the funds that they raised go directly to research for a cure. It's completely up to you and you will want to make your choice on your walk envelope that you turn in to JDRF.